

## Best Atlanta Golf Pro Lessons ~available



## Techniques (tips) Guide

### Golf Technique 1: **Choose The Correct Club**

Most golfers choose what club to use based on length. On shorter holes, they use shorter clubs. Longer holes/longer clubs. Selecting the right club also includes things like natural shot tendencies, wind, hazards & whether or not hidden dangers lurk in prime landing areas. Most of all, a better player looks at what type of approach shot is to follow. The hole may be only 365 yards long, but with a good drive, that leaves a touchy 70- to 80-yard approach. Who wants that? The right play is to avoid awkward distances. Hit a 3-wood, leaving a full wedge approach.

Lastly, an accomplished player knows a shot with the 3-wood has a greater likelihood of hitting the fairway than a driver shot does. With today's new groove rules, hitting the fairway has become more important than ever. Bringing you golf help, ~ Best Atlanta Golf Pro Lessons



### Golf Technique 2: **Align Your Clubface**

A common mistake is improper alignment. Some think they should align their feet at the target. Others square their shoulders parallel to it. Some golfers try to align everything with the target! They're all wrong.



The correct way to align your shots is to always begin by first assessing your target from behind the ball. This will give you a perspective of the entire hole & help you aim right where you want the ball to go. Second, before you make your actual stance, set the clubface behind the golf ball & align it directly at the target. Do all this before you get into your stance.

PGA Tour players have a knack for aligning the club head in this fashion. Watch how they do it next time you tune in.

Once you have the right clubface alignment, situate the rest of your body. Most players benefit from aligning their lower body left of the target line & their upper body parallel to the target line. There's actually no right answer as to what works best for you, however aligning your body directly at the target rarely works. Doing so usually leads to crossovers & over-the-top swings. Keep your body aiming left of the target line. Experiment with what works best for you. Be sure to align that clubface first! Bringing you golf help, ~ Best Atlanta Golf Pro Lessons

### Technique 3: **Don't Change Your Stance**

You might assume that your stance needs changing, depending on the club.



Not true! When it comes to full shots (not pitches, chips or putts), maintaining a consistent stance is critical to becoming a better ball striker.

There are also minor adjustments in spine angle, ball position & stance width. How you stand over an iron should not be very different from how you situate yourself with your driver.

Notice the similarities in the photos above? This is what you want. Bringing you golf help ~ Best Atlanta Golf Pro Lessons

### Technique 4: **Have A Good Grip**

The best players have a solid grip. To start, grip the club with your gloved hand & place the handle in the fingers between the first knuckle & the palm. Then, apply the ungloved hand so it wraps comfortably around the handle. The thumb & index fingers of both hands form two "V's", both which should be pointed



somewhere around the right side of your chest or right shoulder. Follow this advice & you'll have a solid grip. Bringing you golf help, ~ Best Atlanta Golf Pro Lessons

### Technique 5: **Play With The Wind, Not Against It**

Many golfers fret about playing in the wind. Good players know how to use wind to their advantage. No matter what type of shot you'd normally play, whether it's a draw or fade, how

the wind blows changes everything. Make adjustments so the wind will work for you, instead of hitting a shot to fight against it.



No matter how big a fade or draw you're capable of hitting, it's likely the wind will always win. So, play with it! In the photo, I've got a stiff wind blowing from right to left. Instead of battling it, I've opted to hit a drawing tee shot hoping that the wind works alongside me to move the ball from right to left. Since I'm playing with the wind & not against it, it's likely my draw will be more pronounced. I need to make sure I aim farther right to allow for it. If my natural ball flight was a fade, instead of a draw, I'd play for a straight shot & aim a little less right of the target. Either way, I'm letting the wind move the ball back into the fairway.

Still not convinced? Had I played a fade, I'd have run a greater risk of pulling the tee shot with the ball not fading enough or at all. With a right-to-left wind, things would only get worse. If the wind were blowing the other way, the play is to aim left & let the ball drift back into the fairway.

Lastly, when playing in the wind, no matter which way it's blowing, don't think you need to swing any harder than normal. Just accept the fact that wind is blowing. Although it may be in an undesirable direction, the key is to avoid going to war with it. This will foul up your rhythm, tempo & your scorecard. Bringing you golf help, ~ Best Atlanta Golf Pro Lessons

## Technique 6: **Play For More Break, Not Less**

Pro players know that, no matter how well you judge the speed and break of a putt, if you consistently miss on the low side of the hole, you're not giving yourself a real chance. (The low side, refers to the side that's actually lower than the hole.) Since golf balls don't roll upwards naturally the ball has no chance to go in.



On the other hand, if you tend to miss more often on the upper side (the pro side) of the hole, once in a while, the ball may actually find the hole. The key is speed. Having the right speed, even if you aim a little high and for a little too much break, the ball actually may slow down more & start to break into the hole even though you were a little off with your aim. Pro players understand this & generally miss to the high side of the hole rather than the low side. Speed is more important than direction, for this very reason.

Next time you practice, find a breaking putt to the right, then one to the left. Practice both shots until your misses start trending toward the pro side of the hole. The goal is to make more than you miss. With the right kind of misses, you may find yourself making a few more putts, as well! Bringing you golf help, ~ Best Atlanta Golf Pro Lessons

## Technique 7: **Finish Your Shot**



Another big fear on the golf course is the sand shot. Hitting a good bunker shot isn't as hard as it looks. The following fundamentals will get the job done. Hit down & behind the ball, letting the sand lift it. Now, make a full finish. Swing all the way through to a balanced & comfortable finish position. Thinking of a full finish before you swing helps you relax & avoid flipping your hands over, preventing the ball from getting up & out of the sand. So, think of that full finish before your sand shot. I'll bet your sand game improves in a hurry. Bringing you golf help, ~ Best Atlanta Golf Pro Lessons

## Technique 8: **Stack Your Chips**

I think chipping is too often overlooked. Chipping golf shots correctly will have a big effect on your score. It's not the most glamorous shot to hit, however that doesn't make it any less important. A great chip can have you making or breaking par faster than any putt.

To become a better chipper, concentrate on stacking your impact position. This means that the left arm, shaft & your weight should all be stacked over your left leg. This helps you better control the chipping golf shot. You hit the chipping golf shot crisp and solid. If you aren't stacked, your chipping golf shot will be inconsistent. It'll be hard to judge distances or how much the ball will fly & roll. By stacking, all you need to do is judge how far you want the ball to go & then lengthen or shorten your backswing so it fits the shot. Bringing you golf help, ~ Best Atlanta Golf Pro Lessons



The golf techniques in this guide are quick & simple ways to turn your game around to become a better player. Practice them. The better you get, the simpler your swing & swing thoughts should become.

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**Could Your Game Be Improved?**

**Now remember: Have Fun! ~ Enjoy The Courses!**